



Non-Profit Organization

Tidbits

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July 2020

The Quiet Summer of 2020

So far our summer has been quiet because we have not yet met at West Gray Metropolitan Multi-Service Center (MMSC) for several months because of the order from the City of Houston to temporarily suspend the operating services at its facilities due to the COVID-19 Pandemic. We came close to getting together in person to dine at The Café at Brookwood on June 13, but most of the members preferred that we postpone that to September 12, 2020. Even though we have videophones to call as well as FaceTime or Marco Polo or other apps simply because we want to see faces, we know it is not the real thing as seeing your friend in person. Because of that, it is our quiet summer of 2020 as a Deaf community except some national, state, and local noises we have seen on our local and national news as well as on social media.

With the months of June, July, and August, we know very well from our experience that these months are the hottest, so you will see the annual reminder to

pay attention to the signs for heat exhaustion and heat stroke. There will be another picture showing the chart of how hot it is for a dog if left in a car or if taking the dog for a walk on a very hot asphalt road or a concrete road which can cause burns to the dog's paws. You will get to enjoy seeing pictures of the pets with their proud owners. Pets are God's gift to all of us for companionship and for taking great care of them. Finally, there will be two flyers of future field trips— Houston Holocaust Museum (July) and Port Arthur/Nederland (August).

Hopefully, our quiet summer will be over before we can get to see each other in person. In the meantime, remember safe distancing, wear masks, wash your hands often, and stay safe and well. Of course, stay cool!!

**TOO HOT TO TROT
PAWS TO PAVEMENT**

TEMPERATURE	CONCRETE	ASPHALT
95°	140°	155°
90°	125°	140°
85°	105°	130°

 KHOU-11.

Know the Symptoms

Heat Exhaustion

Faint or dizzy
Excessive sweating
Cool, clammy skin
Nausea or vomiting
Rapid, weak pulse
Muscle cramps

How to Help

- Get to a cooler, air-conditioned place
- Drink water if conscious
- Take a cool shower or cold compresses
- Rest

Heat Stroke

Throbbing headache
Confusion
No sweating
Red, hot, dry skin
Nausea or vomiting
Rapid, strong pulse
May lose consciousness

How to Help

- Call 911
- Take immediate action to cool the person until help arrives ice bath, cold towels, etc.)

Renewals:

Linda Ainsworth, Vera Akers, Janet Hamilton, Winona Heinz, John Holland, Thomas Jarma, Audrey Leger, Evelyn Marek, Clifford Menard Jr, Sylvia Odom, Gayle J Smith Starr, Mary Jo Stevens, Juanita Thompson, Denis T Tucker

Donation in Memory of:

James & Beatrice Smith (Gayle J Smith Starr)

On behalf of HDSCF board, we want to thank you for your kind donation. Your generosity makes a difference in the lives of Houston Deaf Citizens.

Thank you again for your kindness.

Jim Derman, Treasurer





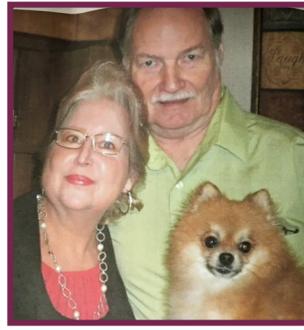
Pets Are God's Gift to All of Us for Companionship



Carolyn Dill
Izzy



Brent Burns
Tammie



Dinah/Michael McKenzie
Merry Christmas



Lavern and James Fair
Precious

Our pet brings so much to our life—happiness, joy, and unwavering devotion. The mental benefits of pet ownership are even more valuable during such stressful times as a global pandemic, especially during a quarantine situation when we have little contact with the outside world. As communities worldwide shut down to practice social distancing and prevent the spread of disease, we and our pets may be going a little stir crazy stuck in our home all day. Fortunately, we can still rely on each other for companionship and entertainment, even during such uncertain times. <https://www.petassure.com/new-newsletters/benefits-of-pet-ownership-during-coronavirus-quarantine/>



John Holland
Joel and Emma



Jim Dermon
Cookie



Sheri Crabtree
Phoebe



Zane Owens
Zera and Grumpy



Patsy Walker
Sadie



Rachelle Guidry
Bella



Holocaust Museum Field Trip—July 23, 2020 Cost \$5.00



Visit Safety:

1. Wear the cloth face mask
2. Keep social distancing

Meet at Woodhaven
Parking Lot at 1:00 pm.

**Please have your lunch
before arriving.**

Bus leaves at 1:30 pm.

Please contact Jim Dermon
for head count
before July 20th.

936-828-4013

Field Trip to Port Arthur & Nederland, TX

August 15, 2020—Tentative Cost: \$5.00

- McDonald for Breakfast on Your Own
- Museum of the Gulf Coast
- Luncheon on Your Own (Luby's)
- Pompeiiian Villa
- Dutch Windmill Museum



Pompeiiian Villa
Dutch Windmill
Museum



Contact: Jim Dermon—936-828-4013
Meet at Woodhaven at 6:30 AM
Bus Leaves at 7:00 AM