

HOUSTON DEAF SENIOR CITIZENS NEWSLETTER

Volume 11

February 2010

Issue 02

Have fun doing this Word Search Game and answering the 3 questions at the bottom!!!!

BlackDog's Valentine Word Search Game

L	P	L	D	N	E	I	R	F	L	R	I	G	R	VALENTINE
U	E	H	O	G	H	S	K	D	X	R	F	T	N	CUPID
S	W	G	B	V	D	P	D	R	H	H	D	G	S	LOVE
W	D	D	K	G	E	I	W	N	T	P	E	N	D	CANDY
E	N	K	Z	H	S	J	P	O	E	L	T	L	R	HEARTS
E	E	I	Y	Y	U	K	W	U	O	I	M	O	I	FLOWERS
T	I	S	A	D	L	G	Z	J	C	R	R	H	B	CHOCOLATE
H	R	S	E	N	I	T	N	E	L	A	V	F	E	BOYFRIEND
E	F	R	E	A	H	F	L	O	W	E	R	S	V	GIRLFRIEND
A	Y	X	S	C	E	C	S	E	S	O	R	L	O	KISS
R	O	O	Q	Z	A	Z	D	I	R	P	A	C	L	HUG
T	B	U	W	K	R	O	M	A	N	C	E	H	Y	FRIENDS
Q	M	J	N	L	T	H	D	L	E	K	B	N	N	LOVEBIRDS
H	G	J	D	K	S	X	B	U	T	L	E	Z	Q	ROMANCE
F	R	B	C	H	O	C	O	L	A	T	E	S	L	ROSES
														LACE
														SWEETHEART
														WOO

c. BlackDog -
The Site for Kids!
www.blackdog.net

Who was cupid? (a) A chubby Cherub from Chaucer's Canterbury Tales, (b) The love child of 2 star-crossed lovers, or © The Roman god of love and son of Venus, goddess of love and beauty.

Valentine's Day ideas shared by couples often include some of these usual suspects: (a) bowling, Beer and cigars, (b) Shopping, cosmos and pastries, or © Romantic dinner, wine and tokens of love.

The most popular flower sold on Valentine's Day is? (a) The white daisy, (b) The pink carnation, or © The red rose.

Police: Deaf husband stabs estranged wife to death, injures boyfriend

Submitted from Chron.com and DeafNetwork.com

WILLIS, TX—Police said Earl Handy Jr. (Deaf man), 39, broke into his estranged wife's home and stabbed her and critically injured her boyfriend in a jealous rage Saturday morning around 8 am. Police said around 8 a.m., the man drove near his estranged wife's home located in Willis-proper and parked three blocks away. He then broke into her home where he got into an altercation with Taylor, stabbing him at least 3 times in the upper body with a kitchen knife. Then, he stabbed his wife--the couple had been separated for a few weeks--once or twice in the chest with a steak knife. The wife was rushed to Conroe Regional Hospital where she was pronounced dead. The boyfriend was rushed to Ben Taub hospital in critical condition. Police arrived to the scene just as the husband was exiting the home. Just before they were to Tase the suspect in order to subdue him, the suspect stabbed himself with a screwdriver. He was taken to Memorial Hermann-Woodlands hospital. He is expected to make a full recovery. The woman's 17 year old son was at home during the incident, but was not injured. The woman has at least one other child. Earl Handy Jr. was charged with capital murder and aggravated assault in the death of Donna Handy, 34, and the attack on Joseph Taylor, who is also in his 30's, Willis Police Sgt. Alton Nelson said.

Neighbors: Deaf man saves woman from burning apartment

Submitted by Kevin Peters, Ron Trevino / 11 News

PASADENA, TX— A deaf neighbor saved a woman from a burning apartment at about 6:30 a.m. Monday in the 1100 block of Red Bluff. Residents of the complex said one of the buildings caught fire, and it spread quickly. A woman was trying to escape her apartment when the flames blocked the stairs and she became trapped on a second-story balcony. That's when neighbors said Darell McCollough, a deaf man who lives across the parking lot from the burning building, sprung into action. McCollough jumped in his white Jeep and drove it over to the flaming structure, stopping just under the balcony. He urged the woman, Lorenda Flanagan, to jump over the railing. "He kept screaming at her, telling her to come over, come over the side. The lady finally got up on the railing and actually jumped off onto his hood and when she hit the hood she slipped and fell down to the concrete," neighbor Stanley Dowlearn said. Flanagan was not hurt. "I'll thank him every day," she said. "I'll pray for him every day I wake up." Neighbors described McCollough as the kind of man who would give you the shirt off his back and said he always has a Bible on the dash of his SUV. "He's very religious, and he'll help anybody he can," Mike Montgomery said. "He's a very good person." Through an interpreter, McCollough told 11 News that he was just thankful that everyone was OK. "Thank Jesus for saving those people," McCollough said in sign language. "Thank you. Thank you."

Pictures received from Lennie Morton



First picture is Lennie Benefield Morton, 7, at TSD 1928. Second picture Shows Maxine Higginbotham, Hazel Fitch Richard, and Lennie Benefield Morton. Third picture shows Marcllus Kelberg, Bonnie Williams Gough, Lennie Benefield Morton, and Early McVey in a performance. Fourth picture was from Spring of 1929 with Early McVey in front row; 2nd row from right are Villabobos Concepcion, Avelle Jordon, Lennie Benefield Morton, and Maxine Higginbotham; and 3rd row from right are Amos Gage, Sam Johnson, Gilberto Villarreal, J. W. Dean, Harold Burns, and Frank Clark.

HANDBOOK 2010

Submitted by Julie Spaulding

Health:

1. Drink plenty of water.
2. Eat breakfast like a king, lunch like a prince and dinner like a beggar.
3. Eat more foods that grow on trees and plants and eat less food that is manufactured in plants..
4. Live with the 3 E's -- Energy, Enthusiasm and Empathy
5. Make time to pray.
6. Play more games
7. Read more books than you did in 2009 .
8. Sit in silence for at least 10 minutes each day
9. Sleep for 7 hours.
10. Take a 10-30 minute walk daily. And while you walk, smile.

Personality:

11. Don't compare your life to others. You have no idea what their journey is all about.
12. Don't have negative thoughts or things you cannot control. Instead invest your energy in the positive present moment.
13. Don't over do. Keep your limits.
14. Don't take yourself so seriously. No one else does.
15. Don't waste your precious energy on gossip.
16. Dream more while you are awake
17. Envy is a waste of time. You already have all you need..
18. Forget issues of the past. Don't remind your partner with his/her mistakes of the past. That will ruin your present happiness.
19. Life is too short to waste time hating anyone. Don't hate others.
20. Make peace with your past so it won't spoil the present.
21. No one is in charge of your happiness except you.
22. Realize that life is a school and you are here to learn. Problems are simply part of the curriculum that appear and fade away like algebra class but the lessons you learn will last a lifetime.
23. Smile and laugh more.
24. You don't have to win every argument. Agree to disagree...

Society:

25. Call your family often.
26. Each day give something good to others.
27. Forgive everyone for everything..
28. Spend time with people over the age of 70 & under the age of 6.
29. Try to make at least three people smile each day.
30. What other people think of you is none of your business.
31. Your job won't take care of you when you are sick. Your friends will. Stay in touch.

Life:

32. Do the right thing!
33. Get rid of anything that isn't useful, beautiful or joyful.
34. GOD heals everything.
35. However good or bad a situation is, it will change..
36. No matter how you feel, get up, dress up and show up.
37. The best is yet to come..
38. When you awake alive in the morning, thank GOD for it.
39. Your Inner most is always happy. So, be happy.



HAVE A HAPPY VALENTINE'S DAY!!!!



Letter received from Maxine Sheffield

The day after Thanksgiving in 2009, my daughter, Jill, took me to her house in Atlanta, GA. I stayed for nearly a month. I had a wonderful vacation with Red Hat deaf ladies at lunch. We ate at a very unique Tea Cup Restaurant. The food was delicious. Never forgot the Sugar Plumb Restaurant. On Saturday, December 19th, the deaf Senior Citizens had lunch at Renaissance Hotel in downtown Atlanta. The food was so good there. They had lots of door prizes to give away. Monday, December 21st, Jill and I flew to Orlando, FLA for Disneyworld and met with my son, Jack and family there. We had fun on Monday and Tuesday. The special thrill on Monday, December 21st was my granddaughter, Madison's 6th birthday and she went free of charge. She was very happy. Katie, age 2, joined in celebration with her sister. Then, on Wednesday, December 23rd, Jill flew home to Atlanta while I joined with Jack and family in the car going home to Charleston, SC.

2nd Houston Deaf Forum Meeting

There will be a 2nd Houston Deaf Forum meeting on Saturday, February 27, 2010 from 2:30 to 6 p.m. Location will be held at Freed-Montrose Neighborhood Library (Conference room—upstairs) 4100 Montrose, Houston, TX 77006. The agenda will involve establishing an organization that will become a better voice, unity and advocacy for the deaf and hard of hearing citizens of Houston and areas. Use the power of networking tools and spread the word so we can establish Deaf Resource Center. For detailed information on the agenda, there will be an opening statement by Billy Koch and Bradley Porche. Explanation of the concept of a Mission Statement and Constitution will be discussed. Several things will be discussed at this meeting. Billy Koch and Bradley Porche will make their last statement. Transition Director will make the last statement. Hope to see you there!

64th Southwest Deaf Bowling Association, Inc.

Lone Star Deaf Bowling is sponsoring a bowling tournament. It will be held on Thursday thru Saturday, May 6-8, 2010 at Diamond Lanes, 267 N. Forest Blvd., Houston, TX 77090. Combo price is \$25 per fan (age 18 and up) with an option of \$10 to play Hingo on Saturday night at Ramada Inn, Houston North. For those coming from out of town, Ramada Inn Houston-North is located at 16510 I-45 North, Houston, TX 77090. Cost per night is \$59 plus tax. Please mail Cashier Check or Money Order payable to SWDBA 2010/LSDB to SWDBA/LSDB 2010, c/o Lone Star Deaf Bowling, 3921 Eula Morgan Rd., Katy, TX 77493. Contact Chairperson, Jose G. Ybarra or Co-Chairperson, Donald Modisette at LSDB2010@gmail.com.

CHARITY PANCAKE BREAKFAST

Come join Austin's SERTOMA Club's 5th Annual Pancake Breakfast & Country Jam (and we don't mean the fruit kind!). Proceeds benefit the Austin SERTOMA Club's sponsorship programs for Texas' deaf and hard of hearing community. It will be held on Saturday, February, 6, 2010 from 8:00 am to 1:00 pm at Texas School for the Deaf (TSD) cafeteria, 1102 South Congress Ave., Austin Texas 78704 (use Elizabeth Street entrance). Servings include All-U-CAN-EAT pancakes, bacon, eggs, coffee, juice, and all the trimmings. Cost of tickets is \$5 in advance or \$6 at the door. Children age 6 and under are admitted free. Door Prizes & Live Music by "Last Train Out" are provided. Sponsored by: I-HOP and Dominican Joe. Please contact Jim Hull (512) 415-2553, Keena Miller (512) 462-5328 or keena.miller@tsd.state.tx.us or visit: www.austinsertoma.org.

Reader's Digest/Dec. 2010

Just as I began my Christmas Eve service, the electricity in the church failed. The ushers and I found some candles and placed them around the sanctuary. Then, I reentered the pulpit, shuffled my notes, and muttered, "Now, where was I?" A tired voice called out, "Right near the end!" Rev. Douglas C. Woods

CALENDAR OF EVENTS

February 2, 2010 (Tuesday) = Positive Interaction Program (PIP) will have a presentation on "Traumatic Brain Injury". Program will be given by Memorial Hermann Hospital. The meeting is held at Woodhaven Baptist Church for the Deaf, 9920 Long Point, Houston, TX at 7:30 PM. Door prizes! Interpreter and captioning are provided. Officer James Sobota can be contacted at james.sobota@cityofhouston.net

February 5, 2010 (Friday) = ASL Social will meet at Thai Spice Buffet, 2520 South Voss @ Westheimer, Houston, TX 77057-4104 from 5:00 PM till 9:00 PM. Let's meet and enjoy chatting with your old & new friends. Check their website at www.thaispice.com.

February 10, 2010 (Wednesday) = Houston Deaf Senior Citizens will have their business/social meeting at West Gray Adaptive Recreation Center, 1475 West Gray, Houston, TX 77019 at 9:00 am till 1:00 pm. We will have a Valentine Party. Please dress up for Valentine as prizes will be given out.

February 12, 2010 (Friday) = Houston Deaf Senior Citizens will take a trip here in Houston, TX. Everyone needs to be at Woodhaven Baptist Deaf Church, 9920 Long Point Rd., Houston, TX **by 9:00 AM as the Bus will leave by 9:30 AM.** We will stop at John P. M. Govern Museum of Health and Medical Science (\$5) and Holocaust Museum (\$1 for donation). We will eat at Godo's (\$10) for buffet lunch. Please contact Gertie Sessions at 281-249-5284 (VP) or Julie Spaulding at 281-249-5276 (VP) for more information.

February 12, 2010 (Friday) = Houston Hand Talk Social will be at Memorial City Mall in the Food Court, I-10 Freeway at Gessner Road, Houston, TX 77024 from 5 PM till 9 PM. This is a fun way to meet people that are learning ASL. Let's meet and enjoy chatting with old and new friends.

February 18, 2010 (Thursday) = Houston Deaf Senior Citizens will have a fellowship and potluck at Woodhaven Baptist Deaf Church at 9920 Long Point Rd. from 9 am till 1 pm. If you wish to bring a covered dish, contact Evelyn Autry at 713-984-8186 TTY or Jenice Wells 281-442-8015 TTY or 281-249-5251 VP and let them know what you plan to bring. If you do not bring food, please bring \$5 to help cover the cost of providing food.

February 19, 2010 (Friday) = ASL Social will meet at Willowbrook Mall, 2000 Willowbrook Mall,, Houston, TX 77070 from 4:00 till 9:00 PM. Let's meet and enjoy chatting with your old & new friends.

February 24, 2010 (Wednesday) = Houston Deaf Senior Citizens will have their business/social meeting at West Gray Adaptive Recreation Center, 1475 West Gray, Houston, TX 77019 from 9:00 am till 1:00 pm. We will have a Speaker talk to us. Please bring your friends to hear this Speaker.

February 22, 2010 (Monday) = Joe's Banquet Center, 1300 East Hwy. 6, Alvin, TX 77511 will provide free meal for Seniors from 6 AM till 10 AM. It is free on the last Monday of each month. However, you have to pay for your drinks.

DONATIONS & NEWSLETTER DUES

Donations to Houston Deaf Senior Citizens Love Fund and Newsletter:

Thanks to Joyce L Adams, Cynthia L Graham, Mrs. Marie Ramos, Eva Nell Roach, and Carl Long for their generous donations.

Also thanks to Thelma Jo Hays for her thoughtful donation in memory of Eloise Carlton.

Anyone who wishes to donate money to **Houston Deaf Senior Citizens Love Fund, Inc. (a 501(c)(3) non-profit corporation)** should please make check or money order payable to **Houston Deaf Senior Citizens Love Fund.** In the memo part of your check, please write down what the amount applies to or you can send a note. Please mail to address on back page. Thanks so much!

RENEWAL SUBSCRIBERS:

Thank you for your renewal: Joyce L Adams, Marlene Hanks, Estelle Heintschel, Anna R Hill, Mrs. Marie Ramos, Eva Nell Roach, Ellen M Sias, Finice Taylor, Burba Thornton, and Thomas E Withrow Sr.

NEW SUBSCRIBER: Welcome to our new subscribers - Judy Becker, Kitty Fischer, and Dana Glasscock. Judy and Dana's subscription is a gift given by Dinah McKenzie. And Kitty's subscription is a gift given by Thelma Covello.

Dinah and Thelma: Thank you for your generous gifts.

SUPERBOWL PARTY



Lone Star Bowling is hosting the party at SOKOL Hall, 1314 West Patton, Houston, TX 77009 on Sunday, February 7, 2010 from 1 pm till 11 pm. Admission is \$5 per person and \$3 per Senior Citizen. Dinner costs \$7 per plate and is catered by a BBQ Company. Door prizes will be given out. Games include 31 Cards, Texas Hold Em Poker which starts at 2:30 pm, and Ace. Kids are allowed to attend.



Touch Down Taco Dip

- 1 can (16 oz) refried beans
- small piece of onion
- 1 pkg. (8 oz) cream cheese, softened
- 1/4 cup black olives
- 2 garlic cloves
- 1 pkg. (1.25 oz) taco seasoning mix
- 1/2 cup shredded cheddar cheese
- 1/2 cup sour cream
- 1 small tomato
- tortilla or corn chips

Preheat oven to 375. Spread refried beans into bottom of deep dish baker. Combine cream cheese, sour cream and taco seasoning in bowl. Press garlic; add to cream cheese mixture. Core tomato and chop. Chop onion and olives. Sprinkle tomato, olives, and onion over cream cheese mixture. Top with cheddar cheese. Bake 25-30 minutes or until hot. Serve with sour cream and chips.

Microwave variation: Microwave on High for 3 minutes; turn. Cook on High an additional 2-3 minutes or until mixture is bubbly around edges.

Off Base from Reader's Digest/November, 2009

Like any mother, I worried when my son joined the Marines. But later on, when I asked him how things were going, he put my mind at ease.

"Let me put it this way, Mom," he said. "Living with you prepared me for boot camp."

Dianna Brown



REST IN PEACE

OBITUARY



Ollie Lee Pool, 68, entered into eternal rest on January 3, 2010. Ollie leaves behind his loving wife, Aida Pool; 2 children, 8 brothers and 2 sisters along with numerous other loving family and friends. Visitation was held at 11 am on Saturday, January 9, 2010 at Mt. Calvary Lutheran Church, Houston, TX with Rev. Larry Lieder officiating. Interment was followed in Brookside Memorial Park.



Grant W. Laird, Sr., 63, passed away on Wednesday, January 6, 2010 after a struggle against lung and bone cancer. Born in Pittsburgh, Pa., to Wilbert and Dorothy Laird, he graduated from DePaul Institute in Pittsburgh. He started his own painting business for about 20 years before he moved to Texas in 1980. He had variety of jobs and finally retired from Texas Instruments. He was a restless advocate for the deaf community for many years and enjoyed volunteering his spare times at deaf clubs. He love to play bowling and go camping & beach with family during vacation. He was a handyman and loved to fix and remodel around the house. Survivors: Wife, Donna Zoller Laird; 5

children; 4 grandchildren, nieces, nephews, spouses and their children; uncle and aunts, Sisters; and many cousins.

Patricia (Hill) Stedrak, 79, passed away on Saturday, January 16, 2010. She was born Feb. 16, 1930 in IL. She graduated from Texas School for the Deaf in 1951. She was married to Conrad Stedrak of Northern VA in 1953. She worked for the US Dept of Interior Geological Survey from 1954 to 1971 before she retired. Patricia was preceded in death by her parents Paul Hill and Zella Menderhall Hill; her late husband, Conrad; and oldest sister, Margaret Berry. Patricia is survived by her young sister, Barbara R. Jones of Conroe, TX and Carolyn Lehnert of Corpus Christi and a number of cousins, nephews and nieces. Family received friends on Thursday, January 28, 2010 from 1 till 3 pm at Miller Funeral Home. Interment was private at Conroe Memorial Park in Conroe, TX on Feb. 6, 2010.

2010 DEAFNATION EXPO SCHEDULE

Make plans to attend this Expo in Ft. Worth, TX on April 24th from 9:00 am till 6:00 pm. It will be held at Will Rogers Memorial Center - Central Texas Room, 3401 West Lancaster Ave., Ft. Worth, TX 76107. Free admission. This is sponsored by Sprint Relay with The John Maucere Show for entertainment.

DeafNation World Expo

The 2010 DeafNation World Expo will be held at the Sands Expo Center, the perfect place to truly bring the Deaf together under one roof. It will take place at Sand Expo's 200,000 sq. feet exhibit hall, where exhibitions, workshops, entertainment, sporting activities, activities for the children and so on will come together to provide four full days' worth of many hours of presentations, education and socializing for the attendees. The best thing about the World Expo, aside from the socializing and cultural/language opportunities, will be the free admission to all events.

U.S. President's Wife used to teach the deaf children

ColoradoDeaf.com

Grace Anna Goodhue Coolidge would be 131 years old today if she is still around. She was the wife of U.S President Calvin Coolidge and First Lady of the United States from 1923 to 1929. She knew sign language and taught at Clarke School for the Deaf in Northampton, MA. She was a very popular first lady who did much to aid the deaf. After her husband, Calvin, passed away in 1933, she helped fundraising efforts for the Clarke School. She gave an entire speech in sign language for a group of women reporters. When her son, Calvin, Jr. passed away, she gave a 5-minutes sign language speech at a luncheon.

EDITOR'S MESSAGE



If you answered "©" on all 3 questions from the front page, pat yourselves on the back. Sure hope you all enjoyed the word search game. The Board has discussed a better way of improving our newsletter to make it fun and enjoyable for all of you, our subscribers. I do not have the latest technology or software on my Computer. So, it's difficult for me to beat the competition with other Newslette However, if any one of you would like to take over as Editor, that will be great. Just let me know when you want to do it. With my schedule, it has become harder for me to keep up with the newsletter.

If you have any information, jokes, recipes, event, pictures, sports, or news that you want me to publish, please send them to me by the 15th of each month. My E-mail address is nmorris726@gmail.com or you can mail to me at 15335 Falmouth Ave., Houston, TX 77084-1412.

Please note that Editor may, at her discretion, edit articles or news items for brevity and to correct errors. When sending large pictures to me, please make sure you use a larger envelope.

Nancy Morris, Editor



This is funded by DARS-DHHS

<p>For News & Other Information:</p> <p>Nancy Morris, Editor 15335 Falmouth Ave Houston, TX 77084 VP/V: 281-815-4033</p> <p>Email: nmorris726@gmail.com Email: hdsnews@yahoo.com</p>	<p>For Address/Renewal Due:</p> <p>Houston Deaf Senior Citizens Love Fund C/o Audrey Leger P O Box 664 Missouri City, TX 77459</p> <p>VP: 281-249-5355 DVP: 866-552-1651 Email: hdsnews@yahoo.com</p>
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