



Non-Profit Organization

Tidbits

Volume 20—Issue 04

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April 2019

St. Patrick's Gathering



Patsy Walker did a great job planning this luncheon on March 13th.

Officer James Sobota came to talk about Victim Service Group, accidents, and warranties. He stated that the Victim Service Group receives money and grants from the State of Texas. This group helps those who become victims wherever it happened. Officer Sobota explained that sometimes stores or companies have Insurance to help the victims who were hurt. On criminal cases, they must be settled in court as funds will be available.



Then, he went on to explain about the dangers of stopping on freeways to change a flat tire or wait for help with your vehicle when it breaks down. It's best to call Tow & Go since this service is free and their number is 713-881-3333. Officer Sobota also stated that when in an accident, make sure no one is injured.

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If injured, one must call 911. He also added that it takes 30 minutes to an hour for a police officer to arrive. If you can move your vehicle, he suggested taking a video of the accident and the people involved. Take pictures of your driver's license and insurance for proof in case you must go to court. Another thing, he said that we need to decide where to have our vehicle towed to. The tow truck driver can't make that decision. Be sure to read the ticket from the tow driver before signing. Take everything out of vehicle before releasing car if it is totaled. Thieves can steal batteries, papers left in glove box, etc. by jumping fence of storage lot. Jim Dermon asked about the Road Assistance number on back of TDL (Texas Driver's License). Officer Sobota explained that you can call that number, but you will be charged for it. Extended warranty should be taken when purchasing tires. No extended warranties on other things as they expire too soon before purchase breaks down.

After a delicious luncheon, several of us stayed to play DSCGO (Deaf Senior Citizen GO). We had a blast!!! Laughing and having so much fun. First place was Doina & Tommy Langham, Deborah Daniels, and Virendra Desai; 2nd place was Patsy Walker, Dennis Smith, Margie Graham, and Nancy Morris; 3rd place was same as 1st place group, and 4th place was Jim & Jan Dermon, Zane & Nancy Owens. Brent Burns did a great job of displaying the cards for us!

Submitted by Nancy Morris



Thank you for serving. The chicken soup was made by Nancy Morris; the beef soup was made by Nancy Owens.



Brent Burns volunteered to present cards for DSCGO game.



**Deborah Daniels:
"I'm a wee bit Irish!!"**

The Sam Houston Memorial Museum Field Trip—March 16, 2019

On March 16, 2019, the 15 of the HDSCLF seniors had an enjoyable and memorable trip to the Sam Houston Memorial Museum in Huntsville, Texas on such a beautiful, gorgeous day. Our first stop was at the Memorial Museum where we walked through the building to look at several displays with items about Sam Houston's life and his accomplishments. The following page, you will see several pictures of HDSCLF seniors looking at several near life-size models of Sam Houston and of a diorama showing Erastus "Deaf" Smith cupping his ear while Santa Anna was on the ground. (You can see the picture of Brent Burns taking a picture of Deaf Smith on page 4). On page 11, you will read a brief biography of Erastus "Deaf" Smith.

After that, we left the Memorial Museum to walk around to look into the log cabins, the Woodland house built by Sam Houston and his wife Margaret, the Steamboat House in which Sam Houston's funeral was conducted from the upstairs parlor (see the picture of Steamboat House on the upper right on page 4).

We had an amazing lunch at Farmhouse Café in downtown Huntsville. The food was delicious. We were pleased with the service at Farmhouse Café.

Our next stop was at the Sam Houston grave at Oakwood Cemetery to look at Sam Houston's grave and memorial. You can see all of the seniors standing in front of the Sam Houston Memorial on this page.

Our final stop was to announce that we saw "Big Sam", that is, the Sam Houston Monument which is 77 feet tall (the statue is 67 feet tall with a 10 feet base). This trip was worth our time visiting the Sam Houston Memorial Museum and the Sam Houston Statue (A Tribute to Courage monument).



Kneeling: Virendra Desai, Dennis Smith

Standing: Robert Bellard, Marion McCreary, Jan/Jim Dermon,, Christine Johnson, Gertie Sessions, Tom/Doina Langham, John Wunsch, Deborah Daniels, Zane Owens, Brent Burns, John Holland



Jim/Jan, Virendra, Tom/Doina, Marion, Robert, Deborah, Christine, John W, Brent, John H



Jim



Brent, Dennis, Tom, Doina, John H, John W, Jim



Dennis
Tom
Doina
Jim



Brent—
Taking a picture of Deaf Smith



Jan
Doina
Tom
Gertie
Jim



Wonderful Food!!!

Social Gathering MMSC

April 10, Wednesday

9:00 AM

Brief Meeting

10:00 AM

**Interaction with UH ASL
Students**

11:00 AM

Lunch on Your Own

1:00—3:00 PM

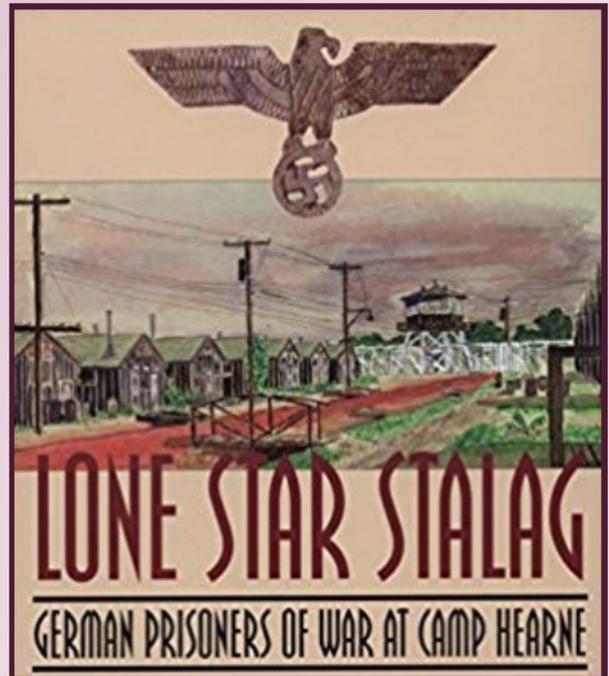
Games

April Field Trip
Waco Mammoth National Monument
Camp Hearne (WW II—POW Camp)

Saturday, April 13, 2019

Cost: \$5.00

Deadline: April 10, 2019



Lunch on Your Own
Collin Street Bakery (Waco/Bellmead)

Please meet at 5:30 am
Woodhaven Baptist Deaf Church
9920 Long Point Rd, Houston

Bus leaves at 6:00 am

Contact: Mary Ann Ryba (VP 832.413.6975)

Field Trip—Goliad, TX: Embracing the Past

Saturday, May 18, 2019

Cost: \$10.00

Deadline: May 8, 2019



Goliad
State Park
and
Historic
Site



**LUNCH ON
YOUR OWN**



Markethouse
Museum

Presidio
La Bahia



Please meet at **6:00 am**
Woodhaven Baptist Deaf Church
9920 Long Point Rd, Houston
Bus leaves at **6:30 am**

Contact: Jim Dermon (VP 936.828.4013)

Summer Field Trips--Tentative



Brenham

- Brenham Heritage Museum
- Antique Carousel
- Blue Bell Creameries



Day at George H. W. Bush Presidential Library & Museum



Angleton & Bay City

- Brazoria County Historical Museum
- Crocodile Encounter
- Matagorda County Museum

HDSCLF OVERNIGHT TRIP

December 3—4, 2019 \$95 Per Person*

Fredericksburg • Johnson City • Marble Falls



Holiday Lights



Pioneer & Vereins Kirche Museums



LBJ State Park

December 3

- Trail of Holiday Lights and Walking Tours
- Overnight at Fredericksburg, TX
- Luncheon at Auslander Restaurant—On Your Own

December 4

- Pioneer Museum/Vereins Kirche Museum
- LBJ State Park & Historic Site
- LBJ Ranch

***The price is subject to change. Price is for anyone who is Deaf and over 60 years old residing in Houston area. Anyone under 60 years old and not deaf is to contact Jim Dermon (936-828-4013) for pricing. Full payment is due no later than October 31, 2019. Monthly payment can be arranged. After October 31, 2019 is non-refundable.**

Please send the payment to HDSCLF stating “Overnight Trip” on the memo”

HDSCLF • Attention: Overnight Trip • P.O. Box 130705 • Houston, TX 77219-0705

Men Also at Risk for Osteoporosis

By Dr. Mehmet Oz and Dr. Mike Roizen, MDs

Recently, a group of paleontologists were surprised to discover that an ancient Egyptian mummy stored in Jerusalem's Israel Museum had suffered from osteoporosis, a disease that reduces the density and quality of bones.

They scanned the 2,200-year-old skeleton of Iret Khor-Ero and found signs that this member of the upper class lived a sedentary life and ate a carbohydrate-rich diet — lifestyle factors linked to higher risk for the disease.

Just as surprising was that this mummy with brittle bone disease was male.

Osteoporosis is commonly associated with older females, but research shows that men are also (and always have been) at risk.

Although older women in the U.S. are three times more likely than men to be diagnosed with osteoporosis, at some point in their life, 25 percent of men will suffer a broken bone because of the disease.

Other research finds that men have a higher one-year mortality rate from nearly all types of fractures.

Clearly, men are underdiagnosed and undertreated when it comes to osteoporosis. In fact, women are five times more likely to undergo a bone scan (the gold standard for diagnosis) and three times more likely to be given vitamin D/calcium supplements than men.

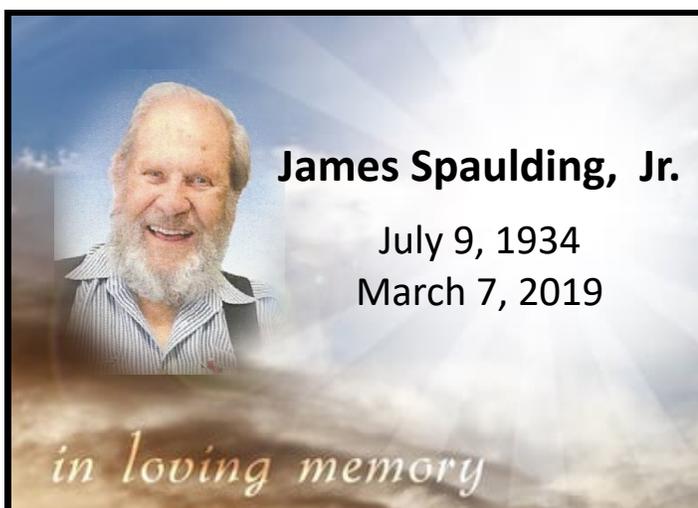
So, guys, you have to step up and get hip (and knee) to the symptoms of osteoporosis.

Older men should pay attention to any unexplained pain, especially in their back and joints. Other signs include falls that cause a fracture and loss of height over time.

Don't hesitate to ask your doctor for a bone density scan and other screenings.

© King Features Syndicate

Contributed by Don Hahn



Spaulding's Unbelievable Angel Cake

1 box Angel Food cake mix
(use only the one-step kind)

1—20 oz. can crushed pineapple with juice

Dump both of these ingredients into a large bowl and beat until mixed (a minute or so). Do not over beat. That's it...there is nothing else to add. Bake in a bundt pan at the time and temperature on the cake box. Turn upside down to cool. Serve as it or with whipped cream.

Who is Erastus Smith—Deaf Smith?

Erastus Smith was hearing impaired. Despite this handicap, however, Smith became one of Sam Houston's most reliable and most trusted scouts. He was a man of few words, but was well known for his coolness in the presence of danger.

Born April 19, 1787 in Dutchess County, New York, Smith moved with his parents to Mississippi Territory at the age of eleven. He first came to Texas in 1817 but stayed only a short time. He returned permanently in 1821, however, to help restore his health.



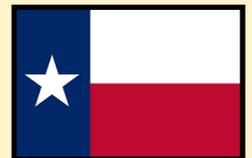
Smith adapted well to his new home. He soon learned the nature and customs of the Mexican settlers, and easily made friends among both his American and his Mexican neighbors. He attempted to remain neutral as tensions grew between Texas and Mexico, but was soon persuaded on the side of the Texans.

Already known as a superior scout, he was quickly recruited by the Texans. He was in the scouting party at the Battle of Concepcion and discovered the mule train that led to the Grass Fight. After the fall of the Alamo, Smith was sent by Sam Houston to gather particulars, and he returned with survivor Susannah Dickerson and her baby to the Houston camp.

At the Battle of San Jacinto, Smith among other duties, destroyed Vince's bridge, thus blocking any escape routes from the site of the battle. For a short time after the revolution, Smith commanded a company of rangers to protect Texas' frontier settlements from Mexican and Indian raids.

Deaf Smith retired briefly with his family to Richmond, Texas, before he died on November 30, 1837.

<http://www.lsjunction.com/people/smith.htm> (Lone Star Junction)



New Subscribers:

Jana Duffey-Biefeldt

Renewals:

Zelma Curbello

Troy/Margie Graham

Janet Hamilton

Winona Heniz

Clifford Menard

Ellen Sias

Gift Subscription:

Anne Baugh (Brent Burns)

Donation In Memory Of:

Gus Curbello (Zelma Curbello)

James Spaulding

(Jim/Jan Dermon)

Donations to HDSC Love Fund:

Bill/Ann Hornbeak

On the behalf of HDSC board,
we want to thank you for your
kind donation. Your generosity
makes a difference in the lives
of Houston Deaf Citizens.

Thank you again for your kind-
ness.

Jim Dermon
HDSC Treasurer

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Nancy Morris



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