

# HOUSTON DEAF SENIOR CITIZENS NEWSLETTER

Volume 11

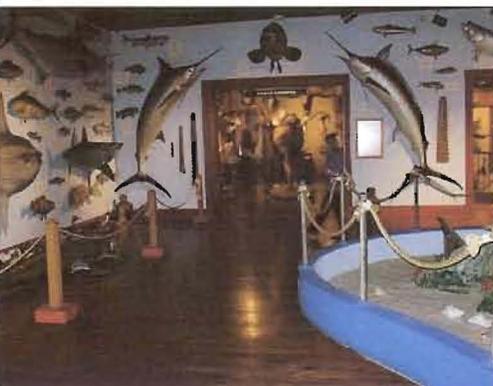
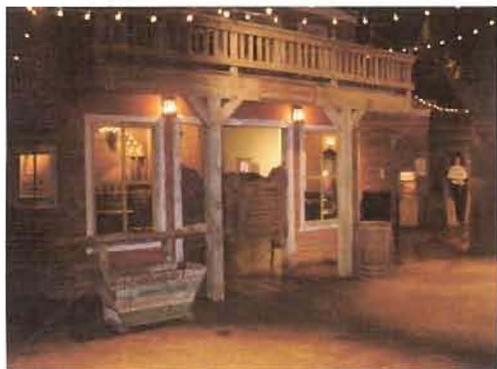
September 2010

Issue 09

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Senior Citizens Trip on Friday, August 13<sup>th</sup>

To San Antonio, TX



This trip was enjoyed by those that went. They ate lunch at Buckhorn Saloon. It was very hot on this trip.

# NEWS

## **Thank you note received Ruth Montgomery**

"To HDSCLF, The family of Lowell Montgomery acknowledges with grateful appreciation your kind expression of sympathy. Thank you for the card & kind words of sympathy during the loss of our loved one. Your donation is also very much appreciated. God bless, the Montgomery family"

## **Message received from Judy Lorenz:**

On August 7, Molly Prescott and Rochelle Simpson with the help of our husbands Bubba and Brian threw a surprise 60<sup>th</sup> Birthday Party for me and Jackie Kilpatrick. I was so shocked because I thought I was going to a party for Jackie: My birthday is August 4 and Jackie's is August 7, only 3 days apart. I was even more surprised to see friends I hadn't seen in a long time. My daughter, Mardi, arranged for my old co-workers who I haven't seen in 5 to 10 years or more and my old boss who I hadn't seen in more than 15 years attend the party. It was so wonderful to see such a great crowd of friends! Thank you so much to Molly, Rochelle, Bubba, and Brian for such a great party. Thank you also for all of the friends who celebrated with us.



## **2010 TSD Homecoming:**

The Booth Festival will be held on October 9<sup>th</sup> from 10:00 am till 4:00 pm at the Clock Tower Area. If you are interested in having a booth, please contact Wilmonda McDevitt, Supervisor of Student Life, at this email address of [wilmonda.mcdevitt@tsd.state.tx.us](mailto:wilmonda.mcdevitt@tsd.state.tx.us) or call at 512-462-5601. The deadline is September 24<sup>th</sup>. The cost is \$10 for Non-TSD/Non-profit Organization or \$50 for TSD Organization/Clubs. Check out the website at [www.tsd.state.tx.us](http://www.tsd.state.tx.us) for more information. The events being held will have merchandise, food, arts & crafts, moonwalk, games, and prizes. The proceeds will go to Student Life Activity Fund.

The Homecoming game will begin at 5:00 pm. TSD will be playing Indiana that evening in Austin.

## **Heart Attacks And Drinking Warm Water**

This is a very good article. Not only about the warm water after your meal, but about Heart Attacks. The Chinese and Japanese drink hot tea with their meals, not cold water, maybe it is time we adopt their drinking habit while eating. For those who like to drink cold water, this article is applicable to you. It is nice to have a cup of cold drink after a meal. However, the cold water will solidify the oily stuff that you have just consumed. It will slow down the digestion. Once this 'sludge' reacts with the acid, it will break down and be absorbed by the intestine faster than the solid food. It will line the intestine. This will turn into fats and lead to cancer. It is best to drink hot soup or warm water after a meal.

Common Symptoms Of Heart Attack - A serious note about heart attacks - You should know that not every heart attack symptom is going to be the left arm hurting. Be aware of intense pain in the jaw line. You may never have the first chest pain during the course of a heart attack. Nausea and intense sweating are also common symptoms. 60% of people who have a heart attack while they are asleep, do not wake up. Pain in the jaw can wake you from a sound sleep. Let's be careful and be aware.

**(Continue on page 3)**

## **Welcome to Deaf-Friendly Clinic (DFC).**

We are so excited about this new Doctor's office. You know many times the Deaf go to the doctor for their appointment and they don't have an interpreter there or even worse, the communication barrier is a problem. Now we have that here at Deaf-Friendly Clinic, ASL communication! The Doctor's name is Claire Murphy. The exam room #1 has a light switch to announce the Doctor's entrance to the room. We have a resource center where you can check your emails, make calls via VP to your friends, or call if you need a ride. Wanda is the medical assistant who helps assist the doctor. She is hearing and can also interpret. We have a connection with FL DCF. If you need to apply for Medicaid, food stamps, and/or cash assistance, we can help you. We have a special person to assist us in the process. Check our website at [www.deafclinic.com](http://www.deafclinic.com).

## **Houston Bass Club of the Deaf**

Christmas Party and dinner will be held on December 4, 2010 from 11:00 am till 5:00 pm at Metropolitan Multi-Service Center, 1475 West Gray, Houston, TX 77019. Admission is \$10 per Adult and \$5 for each child under age of 12. There will be door prizes and silent auction. Please bring a wrapped Christmas gift under \$15 for fundraising. Gifts could be crafts, fishing, or various items. For information, please contact Danny Hensley VP 832-413-5580. The fundraising will go to 2011 National Bass Association of the Deaf Team Tournament and Houston Bass Club of the Deaf.

## **National Bass Association of the Deaf**

This organization will have their 36<sup>th</sup> annual team tournament at Lake Sam Rayburn, TX on June 12 – 16, 2011. Check out Rayburn Country Resort at [www.rayburnresort.com](http://www.rayburnresort.com) or call 409-698-2444 or Sam Rayburn Marina Resort at [www.samrayburnmarinaresort.com](http://www.samrayburnmarinaresort.com) or call 409-698-5696 to make your reservation. For further information, please contact General Chairman, Juan Carrizales at 281-712-8605 VP or Vice Chairman, Billy Buza at 832-413-5746 VP. Check out [www.nbad.org](http://www.nbad.org) for more information.

## **Deaf Awareness Week – [www.deafhouston.org](http://www.deafhouston.org)**

Sept. 12 – Meet at the Water Fountain in Kemah Boardwalk at 3:00 pm. We will eat at Joe's Crab Shack – Kemah Community Bldg. Please bring money to pay for parking and meals.

Sept. 13 – Meet at University of Houston's Main Campus at 6:00 pm till 9:00 pm. This workshop is based on different cultural backgrounds from deaf individuals based on their deaf culture experience.

Sept. 14 – Order Astros tickets for \$12 per person plus service charge either in person or on-line. Password is HDA2010. Game will begin at 7:05 pm at Minute Maid Park.

Sept. 15 – Meet at Sherlock's Pub on Kirby at 7:00 pm. Please bring a designated driver.

Sept. 16 – Meet at Lone Star College Cy-Fair, 9191 Barker Cypress Road, Cypress, TX 77433 in the Theatre at 9:00 am till 1:30 pm. This will be an Educational day for Deafinite Success!

Sept. 17 – Meet at Super Happy Fun Land, 3801 Polk St., Houston, TX 77003 from 6:00 pm till 9:00 pm. Price of tickets are \$5 in advance or \$7 on the day of the show. Parking is free. Artist Alex Wilhite will be the host for the evening and will present on the importance of Art in the community.

Sept. 18 – Booths will be set up at Metropolitan Multi-Service Center, 1475 West Gray, Houston, TX 77019 from 9:00 am till 3:30 pm. Check out website if you want a booth. Banquet and Awards Night will be at Westin Hotel, 5060 West Alabama St., Houston, TX 77056 from 6:30 pm till midnight. Tickets are \$50 per person.



# OBITUARY



**Mamie Mae Rogers**, 67, passed away on Saturday, June 12, 2010. She was born on November 11, 1942 in Normangee to Jimmy Lee Morgan and Margaret Ann Rogers Johnson. She attended Texas School for the Deaf in Austin. Though she was very athletic, she enjoyed running and received a number of trophies for her achievements. She worked as a clerk at the U-Tote-Em grocery store in Austin. Later, she was a caregiver for her grandmother and finally for her own mother. She was preceded in death by her parents.



**LUCILLE ALLEN MCALISTER**, a lifetime resident of Houston, passed away on July 31, 2010. Mrs. McAlister was born on December 7, 1936, in Houston, Texas, to Gordon Bailey Allen and Fannie Weinona Allen. She was a respected interpreter and very active in causes for people who were deaf and hard of hearing. Preceded in death by her parents and her sister, Gloria Slates; Mrs. McAlister is survived by her loving husband, Michael McAlister; son, David Lee Dudley and wife, Patty, of Macungie, Pennsylvania; step-daughters, Renee Marshall and husband, George, of Spring, Beth Bruce and husband, Steven, of Houston, and Katy McAlister, of Algonquin, Illinois; sister, Menefee Holdren; 6 grandchildren; niece, Kathleen Holdren and her 3 children; 4 nephews and their children; and numerous other friends, family and colleagues who will miss her. Entombment was followed at Memory Gardens Mausoleum. Memorial donations may be made in Mrs. McAlister's memory to Joy Lutheran Church Building Campaign, P. O. Box 23187, Houston, Texas 77228.

**Lowell D. Montgomery**, 79 of Pasadena, TX died August 10, 2010. Mr. Montgomery worked for David McDavid Auto for over 15 years. He is survived by his wife of 55 years Ruth Montgomery; 3 Sons - Robert Montgomery & wife Debbie, Dennis Montgomery & wife Shelly, Mike Montgomery & wife Angie; Daughter Sherri Koenig & husband Mike; Brother Jamesey Hyles & wife Carol; Sister Jeri Rose & husband Jim; 13 Grandchildren and 8 Great Grandchildren. Memorial service was held 2:00 PM Friday Aug. 13, in the Chapel of Deer Park Funeral Directors with Pastor Arthur Craig officiating.

**Mary Alice Fisher Luna**, 79, a recent resident of Horseshoe and graduate of the Mississippi School for the Deaf, alum of Texas School for the Deaf died on Wednesday, August 18 at Laird Hospital of Union. Funeral Services was held Saturday, August 21 at Millings Funeral Home with burial at Damascus Cemetery in Walnut Grove. Davey and Elizabeth Wilkinson interpreted for the Deaf congregants. She was preceded in death by her parents: Dewey C. and Mary Thomas Fisher; sisters-Elaine McMillan and Billie Nell Fisher; brothers-Dewey C. Fisher and John Harris Fisher. Mary Alice was survived by her children: Mary Ann Tanksley of Meridian, Barbara Luna Lindsey, Juan Luna and Elizabeth Yates of Horseshoe community; brother, George Fisher of Sebastopol and sisters, Donna Dove and Maudine Powell from Columbus as well as nine grandchildren and nine great grand children.

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## DONATIONS & NEWSLETTER DUES

### DONATIONS:

Thanks to the following people for their thoughtful donations to Love Fund: James & Lavern Fair in memory of Lillian Beard, Martha Beckham and Lucille McAlister; Danny Hensley in memory of Richard Landers; and Bubba & Judy Lorenz in memory of all loved friends.

(Continue on page 5)

Also thanks to the following people who donated to Love Fund: Chris Balat, Joyce Hammons & Pauline Hilsman, and Beatrice G Smith.

Thanks to Joyce Hammons & Pauline Hilsman for donating to HDSCLF Newsletter subscription for Sandy Manley.

Dear Joyce and Nina, Sandy says thank you very much!

Anyone who wishes to donate money to **Houston Deaf Senior Citizens Love Fund, Inc. (a 501©(3) non-profit corporation)**, please make check or money order payable to Houston Deaf Senior Citizens Love Fund. In the memo part of your check, please write down what the amount applies to or you can send a note. Please mail to address on back page. Thanks so much!

**NEW SUBSCRIBERS:**

John & Margie Coggins-Peckham was a gift subscription from Danny Hensley, Amanda Ross, and Robert Yost.

Danny: Thank you for your generous gifts!

**RENEWALS:**

Thank you for your renewal: Gwen Anderson, Chris Balat, Brenda Baxter, Carter & Wanda Bearden, Dolores Cordova, Joyce Hammons & Pauline Hilsman, Ben W Harmon, Paula A Harris, Thomas & Maxine Jarma, Mildred LeBlanc, Sandy Manley, Millie A Miller, Marjorie Monson, Beatrice G Smith, and Paul A Theriot,

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## CALENDAR OF EVENTS

**Friday, September 3 = ASL Social** will meet at Howdy Burger, 1029 N. Highway 6, Houston, TX 77079 from 4:00 pm till 9:00 pm. Check out their website at [www.Howdyburgertexas.com](http://www.Howdyburgertexas.com). Let's meet and enjoy chatting with your old & new friends.

**Tuesday, September 7 = Positive Interaction Program (PIP)** will celebrate the Deaf PIP's 23<sup>rd</sup> Anniversary. Food trays and a cake will be served to celebrate this great year of involvement and education in PIP. Also, we will have a presentation on "Organized Retail Crime". Door prizes! Interpreter and captioning are provided. The meeting is held at Woodhaven Baptist Church for the Deaf, 9920 Long Point, Houston, TX at 7:30 pm. You can contact Officer James Sobota at [james.sobota@cityofhouston.net](mailto:james.sobota@cityofhouston.net) for information.

**Wednesday, September 8 = Houston Deaf Senior Citizens** will have their business/social meeting at Metropolitan Multi-Service Center, 1475 West Gray, Houston, TX 77019 from 9:00 am till 1:00 pm. The new Officers of the Board will be announced during the meeting. Games will be provided for those that want to play.

**Friday, September 10 = Houston Hand Talk Social** will be at Memorial City Mall at the Food Court, I-10 Freeway at Gessner Road, Houston, TX 77024. It will be from 5:00 pm till 9:00 pm. Come and observe different ASL and learn more about the Deaf language. This is a great way to enjoy chatting in ASL.

**Sunday, September 12 thru Saturday, September 18 = Deaf Awareness Week** will begin in Kemah on Sunday afternoon. Activities and Events have been planned for the week. Please check out DAW in the NEWS on page 3. Please check out the Website at [DeafHouston.org](http://DeafHouston.org) for further information. Contact Billy Koch at [daw@deafhouston.org](mailto:daw@deafhouston.org).

**Tuesday, September 14 = Chief's Citywide PIP** will have their meeting at 1602 State St. (Auditorium), Houston, TX at 7:00 pm. Interpreter and captioning will be provided. Contact Officer James Sobota emailing at [james.sobota@cityofhouston.net](mailto:james.sobota@cityofhouston.net).

**Thursday, September 16 = Houston Deaf Senior Citizens** will have a fellowship and potluck at Woodhaven Baptist Deaf Church, 9920 Long Point Rd., Houston, TX from 9:00 am till 1:00 pm. If you wish to bring a covered dish, contact Jenice Wells 281-442-8015 TTY or 281-249-5251 VP and let her know what you plan to bring. If you do not bring food, please bring \$5 to help cover the cost of food.

**Friday, September 17 = Houston Deaf Senior Citizens** will take a trip to Houston Police Museum (\$1) and Houston Maritime Museum (\$5). Everyone needs to be at Woodhaven Baptist Deaf Church, 9920 Long Point Rd., Houston, TX by 9:00 am as Bus will leave at 9:30 am. Please contact Gertie Sessions at 281-249-5284 (VP or Julie Spaulding at 281-249-5276 (VP) for more information.

**Friday, September 17 = ASL Social** will meet at Thai Spice Buffet, 2520 South Voss @ Westheimer, Houston, TX 77057 from 5:00 pm till 9:00 pm. Check out their Website at [www.thaispice.com](http://www.thaispice.com). Let's meet and enjoy chatting with your old and new friends.

**Wednesday, September 22 = Houston Deaf Senior Citizens** will have a Speaker come to talk about "challenging with Medicare changes" beginning at 10:00 am. This meeting will be held at Metropolitan Multi-Service Center, 1475 West Gray, Houston, TX from 9:00 am till 1:00 pm. Please bring your friends to listen to the Speaker.

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## Tall Tales of Texas

The state of Texas is unlike any other. It has its own myths and legends that grew out of a land that was once its own country. Texas is a place of blue skies and blue jeans. The kind of place where you buy some land. Plant a garden. Get to know your neighbors. Volunteer in the community. Before long, your friends from other states will visit you. Like you, they will have discovered that Texas is like a whole other country – one that's mighty tough to leave.

**What Do Texans Eat?** What critics call Tex-Mex, Texans call dinner. Mexican food has become so enmeshed with Texan food that most folks can't tell the difference. Enchiladas, tacos, tortillas, fajitas, quesadillas, jalapenos, guacamole, and of course, margaritas, are standard fare on any menu in the state. No matter where you eat, county on being serviced tortilla chips and salsa, the official state snack.

**Mockingbird is the state bird of Texas.** Our state is one of five to give the mockingbird this honor, along with Arkansas, Florida, Mississippi, and Tennessee.

**Cadillac Ranch:** A collection of 10 graffiti-covered Cadillacs are half-buried in a cow pasture along Route 66 outside Amarillo. Each car faces west, nose-down.

**Sleep Tight!** Even in remote Big Bend Country, you can find famous hotels. The luxurious Gage Hotel in Marathon was built in 1878, celebrating the region's unique blend of Mexican, Native American, and Spanish cultures. Also, booked months in advance is Indian Lodge, a 1930's – era adobe hotel located in Davis Mountains State Park in Fort Davis.

(Continue on page 7)

**Harley Davidson Country!** If you celebrated your retirement by purchasing a motorcycle, take a road trip through the back highways of the Hill Country. The Frio Canyon Motorcycle Stop in Leakey has been voted the #1 hangout four times in a row. Take your Harley for a spin along scenic roads including the Bandera Loop, the Brackettville Loop, and the Three Sisters Loop.

**Sea Turtles:** Kemp's Ridley Sea Turtle, an endangered species since 1970, swims in the Gulf of Mexico. Their nests can be observed on South Padre Island, a barrier island joined to the mainland by a causeway. Residents work to rescue, rehabilitate and release the sea turtles. South Padre Island is a Certified Retirement Community.

**The Stars at Night are Big and Bright!** There is no better space to view the stars than at the McDonald Observatory outside Fort Davis. The third largest telescope in the world, the Hobby-Eberly Telescope, is located atop Mount Locke, 6,791 feet above sea level.

**Texas Rattlesnakes!** Nine different species of rattlesnakes exist in Texas. Good news: they don't hunt humans. They like tall grass and rocky outcroppings. The world's largest rattlesnake round-up is held in Sweetwater.

**State Instrument of Texas:** The city of Winnsboro is the place to buy Mossman guitars. These handmade acoustic guitars have been played by Ray Wylie Hubbard and John Denver. The guitar is the official state musical instrument.

**Two States, One City!** It's twice as nice in Texarkana, the only Certified Retirement Community to straddle two states – Arkansas and Texas. Just make sure you move to the Right side of the city.

**Every Texas Has an Oil Well in the Backyard!** At one time in history, that was very nearly true. Oil was discovered in 1901 at Spindletop. Soon the pump jack was a familiar icon across much of Texas. In Luling, folks can't resist dressing up pump jacks. Look for an airplane, a grasshopper, a watermelon, and a cow jumping over the moon.

**Blooming Dogwoods!** There is no better place to view the annual spring flowering of the East Texas dogwood trees than in Palestine and home of the Dogwood Trails.

**Old Rip Lives!** In 1897, a horned lizard became trapped in the marble cornerstone of the county courthouse in Eastland. Thirty-one years later, when the building was torn down, the lizard was found alive and well. Locals names him Old Rip for Rip Van Winkle. Eastland hold an annual festival to celebrate Old Rip.

**Texas Eiffel Tower!** There's another Eiffel Tower located in Paris. This one is only 65 feet tall and topped with a jaunty red cowboy hat.

**Are Texans Really Friendlier?** Yes, indeed. Perhaps that's because "friendship" is the state's official motto. In fact, the word "Texas" comes from a Caddo Indian word meaning "friend" or "ally."

**Texas BBQ Trail!** Texas BBQ is second to none. For a mouth-watering expedition of family owned barbeque joints, travel the Texas BBQ Trail, with stops in Elgin, Lockhart, Luling, and Taylor.

**The Lone Star Flag!** The iconic flag of the State of Texas was once the symbol of the Republic of Texas. It features a five-pointed white star against a blue background, with a red stripe for courage and a white stripe for unity. Once Texas became a state in 1846, it kept the same flag. Texas is the only state which was formerly an independent country and has never changed its flag.

**EDITOR'S MESSAGE**

I have decided that this is my last edition for Houston Deaf Senior Citizens Newsletter. I have had the privilege of handling this Newsletter for the past 3 years. At this point in my life, I have other things that I want to pursue. I want to thank everyone for their support and encouragement that they have given me for handling this Newsletter each month. Since I have requested someone to take this position in 2 editions, no one has offered to handle it. The Board of Directors will work on this solution and find someone to handle it.

If you have any information, jokes, recipes, events, pictures, sports, or news that you want to have publish, please send them by the 15<sup>th</sup> of each month to [hdsnews@yahoo.com](mailto:hdsnews@yahoo.com) or mail to Houston Deaf Senior Citizens Love Fund, P. O. Box 664, Missouri City, TX 77459. Please note that the new Editor may, at her/his discretion, edit articles or news items for brevity and to correct errors.

Thank you,

*Nancy Morris*

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This Newsletter is funded by DARS-DHHS  
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For Address Change/Renewal Due:

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